



With over a century of growing **potatoes**, Idaho has produced more than any other state every year since 1957, producing around 30% of U.S. fall production per year. Bingham county almost produces more **potatoes** than the entire state of Maine! **Potatoes** contribute over \$2 billion or approximately 15% of Idaho's gross state product.

Idaho has produced a variety of **potatoes** over the years, but the Russet Burbank, which is named after the famed scientist, Luther Burbank, is the most successful. Their high solids and low moisture content make Idaho's Russet **potatoes** superior to those produced in other states. Idaho's climate of warm days and cool nights provides ideal conditions to grow and produce **potatoes**.

In 1837 Henry Spalding, a Presbyterian missionary, planted the first Idaho **potatoes** in Lapwai, Idaho. Today, **potatoes** are grown throughout southern and eastern parts of the state. Idaho produces **over 13 billion pounds of potatoes annually**. If we had to eat all the **potatoes** grown in Idaho, every man, women and child would have to eat **53 potatoes** every single day, all year long! Instead, Idaho **potatoes** are exported all over the world.



Potato Nutrition Facts:

- Fat-free
- Cholesterol-free
- High in vitamin C
- High in potassium
- Excellent source of magnesium and iron

